

# **Guidance on the Contact of a Close Contact of a Confirmed or Suspected Case of COVID-19**

## **Person A: CASE**

Laboratory-confirmed positive for COVID 19

## **Person B: CLOSE CONTACT**

"Close contact" with Person A

- Considered "Medium to High Risk"
- Individuals who were within 6 feet of Person A for a prolonged period of time (more than 15 minutes) or had direct contact with their secretions (e.g. coughed on).

## **Person C: CONTACT OF A CONTACT**

Any person who is in contact of Person B (e.g. spouse, children, parents, coworkers, friends, etc.) is considered "Low Risk."

# Person A WHAT IS A CASE? A patient has a diagnosis of COVID-19. TAKE ACTION: Isolate. Separate from people who are not sick to avoid spreading illness.





Person C

Infographics source: <a href="https://www.health.pa.gov/topics/disease/coronavirus/PublishingImages/Case-Contact.png">https://www.health.pa.gov/topics/disease/coronavirus/PublishingImages/Case-Contact.png</a>

## **Household Members:**

- If an asymptomatic (no symptoms) person is contacted by DPHSS to be notified that they are a close contact of a confirmed COVID-19 case, they should remain home, practice social distancing, and monitor for symptoms.
- Any child, spouse or other household members of this asymptomatic contact are a "contact of a contact" and therefore are not required to take any special precautions. They can go to school, work, and engage in other activities but must practice social distancing, wash hands often and wear face covering.

### **Co-workers:**

• If an asymptomatic employee calls their supervisor and notified them that they are required to stay home because they were a close contact of a confirmed case, the contacts they had at work are considered "contacts of contact," are not required to take any special precautions. They should be permitted to continue to work but must practice social distancing, wash hands often and wear face covering.

## How long should close/household contacts of a confirmed COVID-19 case remain home while monitoring themselves?

- **Symptomatic** contacts: Must self-isolate at home until at least 24 hours have passed since last fever, without the use of fever reducing medicine **AND** other symptoms, such as cough and shortness of breath have improved **AND** at least 10 days have passed since symptoms first appeared. After self-isolation ends, the person may return to normal activities including work and school but must practice social distancing, wash hands often and wear face covering.
- Asymptomatic contacts: If the confirmed case remains a close contact after symptoms
  develop, the asymptomatic contact would self-isolate for 14 days AFTER the COVID-19
  case is no longer required to self-isolate. If the asymptomatic contact no longer has close
  contact with the confirmed case, they would self-isolate for 14 days AFTER they last
  came into contact with the confirmed case.

## Do "contact of contacts" need to take any special precautions?

• No. A person who is a contact of a contact does not have any restrictions and can continue with normal activities such as going to work or school but must practice social distancing, wash hands often and wear face covering. If this person later develops symptoms, see instructions listed above for **symptomatic** contacts.

Revised: 08/23/2020